

# Ballymore Boys

## 32 count, 4 wall, Intermediate

Choreographer Dynamite Dot (UK)

Choreographed To  
The Boys From Ballymore by Shamrock  
Beats per Minute 132

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<b>Section 1</b>	<b>Reverse 1/2 Turn Right, Step 1/2 Pivot, Knee Bends, Front Ball Side.</b>
1 - 2	Touch Right Toe Back. Pivot 1/2 Turn Right Taking Weight Onto Right.
3 - 4	Step Forward Left. Pivot 1/2 Turn Right (weight Ends Back On Left)
5 - 6	With Right Toe Slightly Forward, Bend Knees, Down Then Up (hands On Thighs)
7 & 8	Touch Right Toe Forward. Step Right Beside Left. Touch Left Toe To Left Side.
<b>Section 2</b>	<b>Left Sailor, Right Sailor, Left Sailor With 1/4 Turn, Shuffle Forward.</b>
9 & 10	Cross Left Behind Right. Step Right To Right Side. Step Left To Place.
11 & 12	Cross Right Behind Left. Step Left To Left Side. Step Right To Place.
13 &	Cross Left Behind Right. Step Right To Right Making 1/4 Turn Left.
14	Step Forward Left.
15 & 16	Step Forward Right. Close Left Beside Right. Step Forward Right.
<b>Section 3</b>	<b>Full Turn, Hip Bumps, Shuffle Back, 1/2 Turn Left Shuffle Forward.</b>
17	On Ball Of Right Make 1/2 Turn Right, Stepping Back Left.
18	On Ball Of Left Make 1/2 Turn Right, Stepping Forward Right.
19 & 20	Step Forward Left, Bumping Hips - Left, Right, Left.
21 & 22	Step Back Right. Close Left Beside Right. Step Back Right.
&	On Ball Of Right Make 1/2 Turn Left.
23 & 24	Step Forward Left. Close Right Beside Left. Step Forward Left.
<b>Section 4</b>	<b>Step 1/2 Pivot Left, Side Touches, Heel Switches, Clap Twice.</b>
25-26	Step Forward Right. Pivot 1/2 Turn Left.
27 & 28	Touch Right To Right Side. Step Right Beside Left. Touch Left To Left Side.
& 29	Step Left Beside Right. Touch Right Heel Forward.
& 30	Step Right Beside Left. Touch Left Heel Forward.
& 31	Step Left Beside Right. Touch Right Heel Forward.
& 32	Clap Hands Twice.